



Parenting for Resilience, Confidence & Independence

Online Summit
9 -11 October 2020



FULL Schedule of Speakers

Friday, Oct 9th	Saturday, Oct 10th	Sunday, Oct 11th
PROF ART COSTA & DR BENA KALLICK Growing Self-Directed Children with Habits of Mind	AMY SCOTT Communicate Like Your Life Depends on It	LAUREN PARSONS 5 Keys to Being Vibrant, Confident and Energised at Any Age!
CAT LEVINE Developing Empathy in your Child	TONY RYAN Growing Up As Well Beings	LISA O'NEILL To Be Confirmed
JACQLIN RICHARDS The 3 F's for Parent Empowerment: Fun, Funk and Freedom	CAT COLUCCIO Practical Hacks to Help your Teen Confidently Launch into Life	KARI SUTTON Raising Resilient Kids in Tough Times
TRAVIS BELL How To Create Your Bucket List & #tickitB4Ukickit	DAVE ATKINSON To Be Confirmed	TERRY SKEENS Creating your Path. Finding your Purpose.
DR JUSTIN COULSON Understanding Discipline	JOANNE WEBB The Importance of Self-Love and what we pass on to our children	KARA-LEAH GRANT Mastering Fear and Uncertainty
MEGAN GALLAGHER Parenting with the Heart and Brain in Mind	RYAN MARTIN Why Sleep Matters - A Look Into the Effects of Not Getting Proper Rest	GRAEME BARBER Creating Happy Successful Learners- a Parents Perspective
SUE O'CALLAGHAN Boundary Setting and Resilience in Developing a Healthy Sense of Self	EMMA WRIGHT How to Talk to your Child about Food/Weight so Body Image Stays Healthy	CATHY SHEPPARD To Be Confirmed